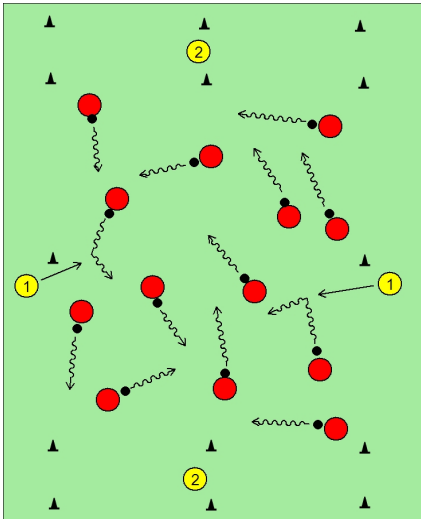




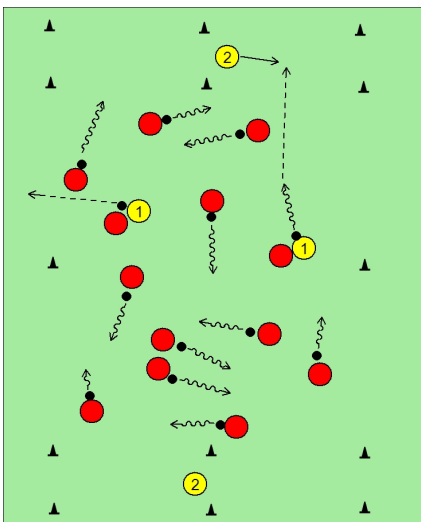
End zone 2



How it works

The red players dribble around inside the playing area trying to stay in space.

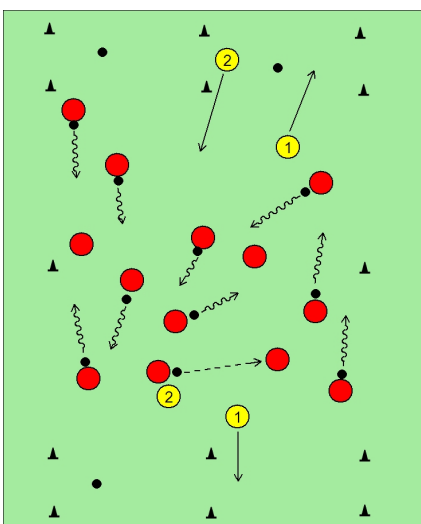
On a signal from the coach the two yellow players at the side enter the playing area and must try to win possession of a ball from one of the red players.



If a yellow player wins possession of a ball they must pass it into one of the end zones at either end of the playing area.

The yellow player in the end zone must control and stop the ball within that zone or the red player can retrieve the ball and rejoin the game.

On the left side of the playing area the yellow player has tackled for the ball but it has gone out of the playing area at the side. This red player can also retrieve the ball and rejoin the game.



When the coach calls 'End zone change' the yellow players swap roles as shown in the diagram.

The red players who have lost their ball to an end zone are allowed to help others keep possession of their ball by being available for a pass.

The game continues until the yellow players have all the balls in the end zones. Change the yellow team and then play again to see if a new group can beat the time taken to get possession of all the balls.

Possible changes

All four yellow players could be allowed into the middle but when one of them wins possession of a ball they must still pass it to another yellow player who has made a run into an end zone.